Gary Dubbs Ralston Ram Relays Schedule of Events

FIELD EVENTS

9:30 a.m.

Boys pole vault (girls to follow)

Boys long jump (west pit) Girls long jump (east pit)

Girls high jump (boys to follow) Boys discus (girls to follow) Girls shot put (boys to follow)

NOTE: Boys triple jump will follow boys long jump in the west pit and the girls triple jump will follow the girls long jump in the east pit.

TRACK EVENTS

11:00 a.m.

Girls 6,400-meter relay (4x1,600)*

Boys 6,400-meter relay (4x1,600)*

Noon

Girls 400 high hurdle shuttle relay (4x100)

Boys 256 high hurdle shuttle relay (4x64)

Girls 400 relay (4x100) Boys 400 relay (4x100)

Girls sprint medley relay (200-200-400-800) Boys sprint medley relay (200-200-400-800) Girls 640 low hurdle shuttle relay (4x160)

Boys 640 intermediate hurdle shuttle relay (4x160) Girls distance medley relay (1,200-400-800-1,600) Boys distance medley relay (1,200-400-800-1,600) Girls freshman 800 medley relay (100-100-200-400) Boys freshman 800 medley relay (100-100-200-400) Girls throwers 400 relay (non-scored, exhibition event) Boys throwers 400 relay (non-scored, exhibition event)

Girls 800 relay (4x200) Boys 800 relay (4x200) Girls 3,200 relay (4x800) Boys 3,200 relay (4x800) Girls 1,600 relay (4x400) Boys 1,600 relay (4x400)

^{*} – Depending on number of entries, this event could be combined into one co-ed section; it still would be scored separately.