



2020 Heartland Cross Country Classic September 19th, 2020

- When:** September 19th, 2020
- Location:** Central College Cross Country Course Pella, IA
- Race Times:**
- | | |
|----------|---|
| 10:00am: | 9-10 RACE-Girls (9 th and 10 th grade only) |
| 10:35am: | 9-10 RACE-Boys (9 th and 10 th grade only) |
| 11:10am: | JV Girls (All Grades) |
| 11:45am: | JV Boys (All Grades) |
| 12:20pm: | Varsity Girls (7 entrants) |
| 12:50pm: | Varsity Boys (7 Entrants) |
| 1:15 pm: | Awards Ceremony |
- (Changes could be made to the race schedule depending on weather)
- Race Distance:** 5000 meters
- Timing:** Chip timing will be used.
- Awards:**
- | | |
|-----------|---|
| Trophies: | 1 st , 2 nd , and 3 rd Place Varsity Teams |
| | Plaque for JV team champions |
| | No Plaque for the 9-10 RACE |
| Medals: | Varsity – Top 25 JV – Top 10 9-10 RACE –Top 10 |
- Team Entries:**
- VARSITY: Limited to 7 entrants.
JV RACE: Unlimited entries includes all grades.
9-10 RACE: Unlimited entries for 9th and 10th graders only.
****Iowa HS Rules apply to this meet. Only HS runners may participate.**
- No Middle School runners.**
- TEAM ROSTERS will be entered via website:**
www.theendresultco.com/xc/
- Enter your roster
 - Save
 - Click Home Tab

- Find “Central College Heartland Classic”
- Click icon to left with “0” under it

Click the home tab at top, scroll down and the number of athletes you have entered into the meet should appear under the icon. The athletes do not need to be designated as running in a particular race. (Varsity or JV)

Entry Fees:

Team Entry Fees

\$100 per Varsity boys team, \$100 per Varsity girls team
\$50 per JV boys teams; \$50 per JV girls teams (these fees include a JV team AND a 9-10 team)

Individual Entry Fees

For schools that have LESS than 5 runners may be entered as individuals
\$20 per Individual Runner

For teams that have less than 5 runners, they may be entered as individuals as long as each runner is on the official roster of their High School team and the Heartland Classic is on the school schedule. (In other words....No unattached runners)

Payment:

OPTION 1: Pay your Team/Individual Entries via online here:

https://centralcollege.formstack.com/forms/high_school_heartland_cross_country_classic_team

OPTION 2: You may also pay by check. Please make all checks payable to ‘Central College’ and may be sent to the following address:

Joe Dunham
Kuyper Athletics Center
Central College
812 University
Pella, IA 50219

Results:

Results will be posted online at:

<https://athletics.central.edu/index.aspx> and www.fitnesssports.com

Course Maps:

<https://athletics.central.edu/facilities/cross-country-course/4>

Entry Deadline is Wednesday, Sept. 16th at 5:00 PM CDT.

Athletic Training:

Will be provided by the Central College Athletic Training Staff

Meet Information: All updated meet information can be found at:
<https://athletics.central.edu/sports/2019/1/8/high-school-meet-information-cross-country.aspx>

Concessions and Heartland Classic T-shirts will be available for purchase at the meet.

Contacts: Joe Dunham Head Cross Country Coach 641-628-7603
dunhamj@central.edu

Parking: **No Parking in the DeJong Garden Center lot for anyone.**
There will be carts available for those that need assistance.
There will not be carts to help carry team tents, so please come prepared to carry your own tents.
Please see parking instructions on the next page.

Heartland Classic Cross-Country Meet Parking information Saturday September 19, 2020.

Team Parking.

Please instruct your drivers to turn SOUTH off of Washington Street onto 10th Ave West. All team vans, mini buses, school busses and charter buses will drop off athletes, coaches and team personal at the drop off point at DeJongs Greenhouse Inc. (1807 Fifield Road). Please do not pull into De Jong's Nursery parking lot. Drop off will occur at the entrance to DeJongs.

From that point it is about and 200 meter walk to the course.

After drop off all team vans, mini buses, school busses and charter buses will then be directed to one of the other lots where they can park during the meet. **Team vans and smaller mini busses** will be directed to Walmart or the spectator parking lots.

School busses and charter busses will be given directions to Pella High School and Pella Corp. where we have secured parking that will be more user friendly for that size vehicles. These lots are not generally considered to be within walking distance of the course.

Spectator Parking.

Spectators are encouraged to park in the Wal-Mart parking lot (1650 Washington Street) on the north side of Washington Street and ride the shuttle to the course. We strongly encourage the use of the shuttle busses to the course. **There is a 1\$ fee for each passenger to the course.** There is NO FEE from the course back to the parking lot. Busses will run every 5 minutes from Walmart to the course. The shuttle will run from 8:30 am until 2:00 pm. Spectators can also park in the grass lot between Fifield Road and Washington Street if the grass lot is dry. **There is a parking fee of \$5 for this lot.**

Please instruct fans and parents to AVOID the team drop off at De Jong's Garden Center. Have them go directly to the designated parking areas.

NO TEAM PARKING WILL BE ALLOWED ON THE CENTRAL COLLEGE ATHLETIC PARKING LOT NEXT TO KUYPER FIELDHOUSE.

Instructions for Bus Drivers

Charter Bus and School Bus parking for Heartland Classic Cross-Country Meet

Pella Corp –

Drive east on Washington Street to Broadway Street (Second light).
Turn south (Right) on Broadway Street.
Pella Corp parking lot is at the corner of Oskaloosa Street and Broadway Street.

Pella High School –

Drive east on Washington Street to Broadway Street (Second light).
Turn south (Right) on Broadway Street.
Turn east (left) on University Street.
Pella High School parking lot is on east side of Pella High School.

PARKING MAP

