

**Metropolitan High School Activities Association
Wrestling Championship**

Metro Team Dual Championship January 14th

Metro Individual Championship January 15th

**UNIVERSITY OF NEBRASKA - OMAHA, SAPP FIELDHOUSE
6100 DODGE STREET**

Tournament Directors: Melinda Bailey, Omaha Benson
Ryan Murtaugh, Omaha Bryan
Jason Williams, Omaha Burke

Friday, January 14, 2022

Schedule:

- 1:30 PM Weigh-ins held in peripheral locations in the fieldhouse
- 2:30 PM Doors Open to Public
- 3:30 PM First Round Duals (9 mats boys only)
 - The first round of wrestling will consist of the pigtail duals only.
 - Upon completion of pigtail boys' duals, the 1st round of the dual tournament will begin.
 - All subsequent rounds will take place according to mat availability.

Logistics: Please do not arrive before 12:30 PM

- Team Parking: We will have access to a parking garage for team vans. Buses need to drop off wrestlers and park on a surface lot that is open on campus.
- Team Seating areas will be in the bleachers on the south side of the fieldhouse (far side of the main entrance)
- Event will be livestreamed through NE Wrestle

CHANGES FOR THIS YEAR!

Team duals will be for boys only this year.

Teams will be placed into three six-team pools using a round robin format. We will use the NSAA Wildcard points for Class A from the NSAA Wrestling website to determine placement.

Coaches must update the season results after wrestling concludes on Friday.

Metro Duals and the Individuals Championship will be livestreamed through NE Wrestle.

Masks are required at the UNO SAPP Fieldhouse. All coaches and athletes not competing must wear masks. During competition the mask is not required.

Saturday, January 15, 2022

Schedule:

- 7:15 AM Weigh Ins conducted in the fieldhouse (Fieldhouse opens at 6:15)
- 8:00 AM Doors Open to Public
- 8:00 AM Coaches Meeting, HYPER Building Room 112
- 9:00 AM
 - Championship Round 1 (6 mats)
 - Quarterfinals/1st Round Consolations
 - Semis, 2nd & 3rd Round Consolation, Consolation Semis
 - Placement Matches

Logistics: Please do not arrive before 6:15 AM

- Please keep your teams/athletes out of other areas in the fieldhouse

- Breaks are not scheduled but will be taken as needed.
- Championship matches will be on one mat.
- Girls' individual championships will be formatted as follows: 6 or less wrestlers in the weight class will use a round-robin format, 7 or more wrestlers will use a bracketed format.

Admission: Students with proper ID (K-12) \$6.00
 Adults \$8.00
 Children pre-school or younger FREE

Passes:

1. Only Metro VIP Pass will be honored.
2. PASS LIST: **Seven coaches per school** will be allowed on the Pass List, this includes coaches on both the boys and the girls team. Please email Mia.Pistorius@ops.org the names of the coaches for your school by January 10th.
3. Coaches will be given lanyards to enter the floor/wrestling area.
4. Six cheerleaders per school per day in uniform will be admitted.

Teams:	Bellevue East	Bellevue West	Benson	Bryan
	Burke	Central	Creighton Prep	Elkhorn South
	Gretna	Marian	Millard North	Millard South
	Millard West	North	Northwest	Papio-LaVista
	PLV South	South	Westside	

Dual Format: Bracketed pools using NSAA Wildcard Seeding points in a round-robin format:

Gold Pool (Teams ranked 1-6)
 Silver Pool (Team ranked 7-12)
 Bronze Pool (Teams ranked 13-18)

Team pools will be determined Thursday January 13th. Pools will be sent out to AD's that afternoon.

Individual Tournament Seeding: We will use **TrackWrestling.com** for the meet. Athletic Directors will receive a login and password to give to their coach. All coaches must have their entries completed by **Wednesday, January 12th at 10:00 AM**. NSAA Algorithm as used at districts will be used for Saturday. Coaches you must update your records and season results after wrestling concludes on Friday for them to count during Saturday's seeding meetin g.

Individual Tournament Match Regulations:

1. Three two-minute periods in championship rounds.
2. One-two-two minute periods in consolation rounds.
3. Overtime criteria will be in accordance with the rule book.

General Information:

1. All wrestlers should be seated in the south bleachers in the fieldhouse when not wrestling or warming up.
2. Coaches are responsible for the conduct of their team throughout the tournament.
3. An athletic trainer will be available throughout the tournament.
4. Security will be on duty throughout the tournament.
5. Food/snacks for coaches/workers only will be available in the hospitality room, located in Sapp Film room for dinner Friday 5:00 and lunch Saturday 11:30.

Locker Rooms: Locker rooms will not be available.

Weigh In:

1. All wrestlers scratch weight first day plus 2 lbs.
2. All wrestlers are allowed one additional pound the second day.
3. All male wrestlers must weigh in both days, regardless of whether or not they are competing in the Dual Championship.
4. Female wrestlers will only weigh in on Saturday AND will receive an additional pound due to a Friday competition.

Team Scoring: Points awarded to top 16 teams based on their placement in Friday's dual tournament.

1 st Place	80 points	9 th Place	40 points
2 nd Place	75 points	10 th Place	35 points
3 rd Place	70 points	11 th Place	30 points
4 th Place	65 points	12 th Place	25 points
5 th Place	60 points	13 th Place	20 points
6 th Place	55 points	14 th Place	15 points
7 th Place	50 points	15 th Place	10 points
8 th Place	45 points	16 th Place	5 points

Individual Scoring:

First Place	16 points	Fall – All Rounds	2 points
Second Place	12 points	Adv. Champ	2 points
Third Place	9 points	Adv. Cons	1 point
Fourth Place	7 points	Major Decision	1 point
Fifth Place	5 points	Default, Forfeit, DQ	2 points
Sixth Place	3 points	Technical Fall	1.5 points
Seventh Place	2 points		
Fall-All Rounds	2 points		