

**8th Annual
Bob Whitehouse
Track and Field Invitational
April 3rd, 2020
Location: Bryan High Stadium, Bryan High
(4700 Giles Road)**

Boys Teams Invited

Bellevue East
Bennington
Benson
Bryan
Elkhorn South
Grand Island
Gretna
Lincoln High
North
Papillion Lavista South
Sioux Falls Roosevelt
South

Girls Teams Invited

Bellevue East
Bennington
Benson
Bryan
Burke
Elkhorn South
Grand Island
Gretna
Lincoln High
North
Northwest
Papillion Lavista South
Sioux Falls Roosevelt
South

PLEASE NOTE BOYS & GIRLS HIGH JUMP STARTS AT NOON THIS YEAR

GENERAL INFORMATION

Time/Date: Friday, April 3rd, 2020

Field Events: Noon Girls High Jump-North D, Boys High Jump-North D

1:30 p.m.-Boys Discus, Girls Shot Put, Boys Long Jump,
Girls Triple Jump, Girls Pole Vault

3:00 p.m.-Girls Discus, Boys Shot Put, Girls Long Jump,
Boys Triple Jump, Boys Pole Vault

Running Events: 2:30 p.m.

Entry Fee: \$100 per team (\$200 for both boys and girls)

**Entry forms are found on the Internet at:
www.athletic.net**

**If you have an existing Athletics account please log in using your existing
username/password.**

**If you do not have an account, or you will need to create one.
Web entries are to be submitted by 8:00am, Thursday, April 2nd, 2020.**

**Any questions.... Call Mike McGuire @ 402-981-1716 or mike1323@cox.net
Each school will be allowed 3 entries for individual field events and 1 relay team for each
relay.**

- Meeting:** A Scratch/Add meeting will be held at 1:30 pm in the North Shed located by the starting chute on the track. Scratch/Additions for field events can be done at the field event.
- Scoring/Awards:** All events will be scored 10-8-6-4-2-1. Medals to first six places in all events. Meet championship plaques will be awarded to the team champions.
- Admission:** \$6 Adult, \$4 Student with Student ID
- Locker Facilities:** No Facilities will be provided for teams. Restrooms will be available on the west side of the stadium.
- Field Events:** The Shot Put, Discus, Long Jump and Triple Jump will be run with 4 preliminary attempts. Top 8 will advance to the finals for 3 additional attempts. Preliminary attempts will count toward the final places.
- Starting Heights:** Pole Vault/High Jump, Determined by entries.
- Running Events:** All running events will be finals against time. No prelims will be held.
- Reminders:** No sunflower seeds are allowed on field turf. Please have your busses park toward the east of the stadium in the south stadium parking lot. Tents may be set up in the stadium, but not on the infield or lower bowl next to the track.
- Spikes:** Bryan has an all weather surface. Only 1/8" spikes may be worn.

**8th Annual
Bob Whitehouse
Track and Field Invitational
April 3rd 2020
Location: Bryan High Stadium, Bryan High (4700 Giles Road)**

Field Events

- 12:00** Girls High Jump-North D, Boys High Jump-North D
1:30 Boys Discus, Girls Shot Put, Boys Long Jump, Girls Triple Jump, Girls Pole Vault
3:00 Girls Discus, Boys Shot Put, Girls Long Jump, Boys Triple Jump, Boys Pole Vault

Running Events*

- 2:30** 3200 Meter Relay
3:00 100 Meter Hurdles/110 Meter High Hurdles
3:20 100 Meter Dash
3:40 400 Meter
4:10 3200 Meter
4:50 **Lunch Break**
5:15 800 Meter Run
5:40 300 Meter Hurdles
6:05 200 Meter Dash
6:30 1600 Meter Run
6:40 4X100 Meter Relay
6:45 4X400 Meter Relay

***Girls events will run before the boys.**

****We will run ahead of schedule when possible.**